

Cork City Community Response

Local Information -- Local Assistance -- Local Care

YOUTH Edition - Issue 01



DRAW * READ * WRITE * CREATE

#ImagineNation from An Post and Children's Books Ireland are giving children from all over Ireland the opportunity to draw, read, write and create. The campaign brings together leading Irish children's authors and illustrators to create a free 24-page #ImagineNation playbook available for children from all over Ireland to enjoy.



The playbook for children age 6 to 10 has drawing, writing and mindfulness exercises from leading creatives including Oliver Jeffers, Chris Haughton, Don Conroy, Niamh Sharkey and many more. It contains activities, puzzles, poems and short stories that we hope will delight and entertain. Children from all over the country are encouraged to get creative using the ImagineNation playbook. A downloadable copy is available at www.anpost.com/ImagineNation

MIDSUMMER MOMENTS

Midsummer Moments is here! Starting Wednesday 10 June, and running right through until Sunday 21 June! We are proud to be working with Cork partners, 40 national and international artists and a range of participants from our community to keep the Cork Midsummer light shining through this exciting programme of Midsummer Moments and we can't wait for you to join us - whether it's outdoors, at home, with artists in residence, or through online discussions and performances.



From travelling theatre, billboard and audio walks, to the re-imagined Long Table Picnic, online music performances and new work from our artists in residence, everyone is invited to take part from home.

<u>Check out the full programme of events by clicking here</u> - you'll find the latest news and updates, including times for our online performances and events. All activity will be within Government guidelines and the health and safety of our artists and audiences remains paramount. Thank you to our principal funders The Arts Council, Cork City Council and Fáilte Ireland, as well as individual project funders, patrons, friends and audiences for your support.

JIGSAW SUPPORT FOR YOUNG PEOPLE

The Jigsaw support line is up and running on **021 2452500** or **Freefone**

1800 544 729. This new initiative was developed as part of our CoVid–19 response to provide free mental health support and advice to young people aged 12 to 25 years old, and parents or concerned adults who live in the Republic of Ireland.

JIGSAW Young people's health in mind

You can also get in touch with Jigsaw clinicians by text message or email and ask for a return support call. For more information please visit www.jigsaw.ie or email cork@jigsaw.ie

YOUNG PEOPLE'S HISTORY OF THE FUTURE

As a library service we provide a wide range of supports for children and teenagers who are researching school history and local studies projects. These children and teens are now living through what will be the topic of future history projects. We are putting a call out to children and teens for diary type entries, letters, drawings that would give future children an idea of what this time is like for the children and teenagers who are experiencing it. These submissions will provide future researchers, young and old, with primary sources for their research and will compliment a history book written for young people on the Covid-19 period. Please include a cover sheet with the child's name, age and contact details – contact details will not be included in the research pack and should not appear on the submission, they should only be on the cover sheet. Submissions can be posted to:

Eibhlín Cassidy, Executive Librarian, Children & Young People's Services, 57-61 Grand Parade, Cork





HAPPY TALK PACKS (4-8 years)

Happy Talk is a part of the HSE Speech and Language Therapy Service. It seeks to support language, literacy and learning skills of young



children. We have teamed up with UCC Speech and Language

Therapy Department to develop the Happy Talk Language Packs.

These packs contain games and activities to promote language, early literacy and learning.

They are full of fun and easy to follow activities.

You can access the

Springtime Pack here: https://drive.google.com/file/d/1sliqNFeHsSXpawQ4sgCsyNcpdfeGZIoa/view?usp=drivesdk

I'm a Firefighter Pack here: https://drive.google.com/file/d/1xEXXUbO_Bc3zDSKqalT85r46slLaqxRY/view?usp=drivesdk

Walking in the Woods Pack here: https://drive.google.com/file/d/1va13P7Rrjz-49s3lR6v2jmn-atMmrzjO/view?usp=drivesdk

Off the Train Pack here: https://drive.google.com/file/d/1tsUIFmSFRA4-TFvBweyu1UDGhjwBygpa/view?usp=drivesdk

Monkey Pack here: https://drive.google.com/file/d/1tDX3Zyc1NwcH2bGUr0Sdw28sl-rkSNc5/view?usp=drivesdk

You can also access other Language Packs (Monster & Insects) on our Facebook Page https://www.facebook.com/Happy-Talk-328587170595710/ where you will see more ideas and information! Send photos of your drawings, make and do, and stories to us by email to aoife.oshea@hse.ie, by text



COVID-19 AND COLLEGE GRANTS

Applications for the Susi college grant are now open. Due to the current crisis many more students may have become eligible for the grant. Please visit www.susi.ie for further information.

JUNIOR ACHIEVEMENT HOME-SCHOOL ASSISTANCE

Our resources are aligned with the formal curriculum, are easy-to-use and have been introduced by thousands of volunteers in schools nationwide. They have been modified for use in self-directed learning or reshaped to allow for use in the home.

JA primary school resources show young students the opportunities there are for them to use their talents, imagination and creativity as they grow. To access these resources please go to www.jai.ie/jai-home-resources/jai-home-primary-resources.html

Second level resources - focusing on enterprise, employability skills, financial literacy as well as the value of STEM - take the mystery out of negotiating the path from school to a career that suits each student's individual strengths.

Junior

To access these resources please go to www.jai.ie/jai-home-resources/jai-home-second-level-resources.html













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RHYME RAG

Until now, Rhyme Rag has only accepted submissions from young poets (aged between 12-21) in Kilkenny – but for the rest of this year we're looking for guest poets from **ALL OVER IRELAND** to send us work!

Every selected poem will be published on www.rhymerag.net and social media, along with its own custom illustration drawn by our excellent resident artist Alé

Mercado. This is a great chance to have your work published to a wide online audience alongside other talented young poets from all over the country. Rhyme Rag is a long-running, successful creative writing and spoken word Kilkenny Arts Office programme; its goal is to establish a new platform for young people's voices and creative expression. Use the link to submit your work (keep a copy for yourself!) and Kathy D'Arcy, poet, activist and editor of the excellent online youth poetry journal will get back to you with some constructive feedback and to let you know whether your piece has been selected for publication and illustration. Every month two original pieces will be published on the site.

YMCA—APART, BUT NOT ALONE!

Young people and youth workers are finding innovative ways to connect with each other and engage in projects during the current lockdown. All of the youth services in the city have responded with amazing work to meet new needs. Once again, Cork's young people are proving themselves to be resilient and supportive of their peers and their community.





Cork City Comhairle na Óg, the city's youth council (www.comhairlenanog.ie/local-comhairle/cork-city/) supported by Cork City Council and the YMCA have begun work on a new website to host blog posts and a podcast where members will interview guest speakers via zoom calls about their chosen topic of segregation. Through these conversations, the young people hope to further their understanding of divisions that can

exist in our community and look at ways we as a group can move to unite people of different backgrounds, opinions and outlooks. Cork City Comhairle is also linking with Comhairle groups across the country by taking part in quizzes and a digital mural challenge. You can keep up with the work the young people at Comhairle are doing by following their Twitter (https://twitter.com/corkcity_cnn) Instagram (https://www.instagram.com/comhairle_cork) or Facebook page https://www.facebook.com/CorkCityComhairle.

Cork City Comhairle na nÓg represents just a part of the youth work being carried out regionally by the Cork YMCA. As an organisation, YMCA is finding ways to continue to reach out, connect and support young people and their families during this crisis. An online youth chat service for young people aged 16-26 has been launched as a collaboration between YMCA Ireland's Youth Information (https://www.instagram.com/yiyoungvoices/), Youth Work Ireland, Crosscare and SpunOut and is accessible from 4-8pm Monday-Friday at https://www.ymca-ireland.net/question. This service allows young people to chat live online with professional youth workers, about anything they would like more information about. Their educational needs, mental health, access to services and advice around their rights and entitlements are just some of the topics youth workers are equipped to provide information on. Besides the chat service, YMCAs youth work also includes professional counselors and mentors who continue to work with young people via phone and online video calls. This support is proving to be a lifeline for many during a very difficult time. YMCAs Youth led Youth Spaces are also running online, providing interactive quizzes, book clubs, newsletters and creative initiatives involving photography, music, video and art. To connect, you can start with @TheShackClonakilty and @GroundFloorYMCA on Instagram.

For more information on any of this, you can visit http://www.ymca-ireland.net/corkregion, call **023 884 4009** or email corkregion@ymca-ireland.net.

Protect yourselves by staying apart in groups of no more than four



Cork City COVID-19 Community Call Helpline



Here for you if you need ...

- ✓ Food, household items, fuel, medications collected or delivered
- ✓ Someone to talk to or other social supports
- ✓ Meals delivery
- ✓ Response to Garda related concerns
- ✓ Help with other medical or health needs
- ✓ Library books



1800-222-226



covidsupport@corkcity.ie



Useful Phone Numbers:



YMCA (Cork)......023 884 4009

Jigsaw Support......021 2452500 **or** 1800 544 729



Childline.....1800 666 666 **or** text 50101

HSE National Helpline Number.....1850 241850



Barnardos......1800 804591



Foróige (Cork)......021 430 8915

www.foroige.ie

Shine a Light: Coiscéim - 087 7998602 / SHEP - 087 1719724





















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